

*******FITNESS STATEMENT TEMPLATE*******

- 1. Must be completed by appointed Unit Fitness Monitor or Commander**
- 2. If your current fitness score is below 75 or you failed any component of the test, you may not apply. Fitness test scores must be current through December of the application year. Those applicants whose fitness tests expire before December will be required to complete a new test in order to apply.**
- 3. Fitness statements for USUHS students will be uploaded into MODS by the USUHS MSO.**

<<LETTERHEAD>>

Date_____

MEMORANDUM FOR 2017 JSGMESB

FROM: UNIT FITNESS MONITOR OR COMMANDER

SUBJECT: Fitness Statement for (Applicant Rank Name)

1. _____ is applying to the 2017 JSGMESB for consideration for Graduate Medical Education.
2. The member completed their fitness test on _____ and has a composite score of _____. The member is / is not current in the Air Force fitness program.
3. If the member's fitness status changes prior to entering GME, I will alert AFPC Physician Education and make recommendations accordingly.
4. Additional comments, if necessary:

SIGNATURE BLOCK

Squadron Fitness Representative or
Squadron or Group Commander